

Wickham Court Preparatory School and Bromley Independent Grammar

Lunch Menus

WEEK ENDING - 10th June 2022

WEEK 1. Summer 2022.

	Dishes of the Day	On the side	Mouth-watering Desserts
MONDAY	PASTA DAY Spaghetti / Pasta Twists / Tortellini 3 Cheese Sauce, Tomato or Bolognese Sauce	Salad Bar Pots Vegetable Cudités Garlic Bread	Lemon Drizzle Cake Fruit Bowl
TUESDAY	ROAST DAY Sliced Roast Beef Quorn Fillet <i>Early Years - Cocktail Sausages (Chicken)</i>	Roast Potatoes Yorkshire Pudding Carrots/Peas/Cauliflower Cheese Vegetable Cudités French Bread	Fruit Cake Fruit Bowl
WEDNESDAY	BUFFET DAY Vegetable samosas, mini vegetable spring rolls, potato salad, rolled ham, chicken cocktail sausages, coronation chicken, coleslaw, onion bahjis	New Potatoes Vegetable Cudités French Bread	Chocolate Swiss Roll Fruit bowl
THURSDAY	Burgers in a Soft Bap 100% Beef or 100% Chicken Burger Vegetable Patties	Beans Potato Wedges Vegetable Cudités French Bread	Toffee Apple Crumble and Custard Fruit Bowl
FRIDAY	Chicken with Sweet and Sour Sauce Meat Free Nuggets with Sweet and Sour Sauce	Noodles Sweetcorn Rice Vegetable Cudités	Fairy Cakes Fruit Bowl

Available Each Day -

Jacket Potato - Sweet Potato - Fillings of Cheese, Beans or Coleslaw

Daily Veg Pot Selection - Cherry Tomatoes, Peppers, Cucumber Sticks, Carrot Sticks

Daily Fruit Pot Selection - Selection of - Oranges /Apples / Pears/ Red and Green Grapes / Water Melon / Pineapple

Fromage Frais

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WEEK ENDING - 17th June 2022

WEEK 2. Summer 2022.

	Dishes of the Day	On the side	Mouth-watering Desserts
MONDAY	Vegetarian Mediterranean Quiche Macaroni Cheese	Corn on the Cob Potato Smiley Faces Vegetable Crudités French Bread	Cheesecake Fruit Bowl
TUESDAY	ROAST DAY Sliced Roast Turkey and Stuffing Quorn Sausages <i>Early Years - Cocktail Sausages (Chicken)</i>	Roast Potatoes Yorkshire Pudding Carrots/Peas/Cauliflower Cheese Vegetable Crudités French Bread	Choc Ice with a Nice Biscuit Fruit Bowl
WEDNESDAY	BUFFET DAY Vegetable samosas, mini vegetable spring rolls, potato salad, rolled ham, chicken cocktail sausages, coronation chicken, coleslaw, onion bahjis	New Potatoes Vegetable Crudités	Jelly with a shortbread Fruit Bowl
THURSDAY	Swedish Meatballs with Marinara Sauce Vegetarian Meatballs with Marinara Sauce Spaghetti or Wholemeal Pasta	Peas and Sweetcorn Vegetable Crudités French Bread	Chocolate Sponge and Custard Fruit Bowl
FRIDAY	Fishless 'Fish' Fingers Chicken Korma with Rice and nan bread	Crispy Potatoes Beans Vegetable Crudités French Bread	Rice Crispy Cakes Fruit Bowl

Available Each Day -

Jacket Potato - Sweet Potato - Fillings of Cheese, Beans or Coleslaw

Daily Veg Pot Selection - Cherry Tomatoes, Peppers, Cucumber Sticks, Carrot Sticks

Daily Fruit Pot Selection - Selection of - Oranges /Apples / Pears/ Red and Green Grapes / Water Melon / Pineapple

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WEEK ENDING - 24th June 2022

WEEK 3. Summer 2022.

	Dishes of the Day	On the side	Mouth-watering Desserts
MONDAY	PASTA DAY Spaghetti / Pasta Twists / Tortellini 3 Cheese Sauce, Tomato or Bolognese Sauce	Mixed Salad Vegetable Crudities French Bread	Fruits of the Forest Sponge and cream Fruit Yogurt Fruit Bowl
TUESDAY	ROAST DAY Sliced Roast Chicken & Stuffing Quorn Fillets	Roast Potatoes Yorkshire Pudding Carrots/Pease/Cauliflower Cheese Vegetable Crudities French Bread	Fruit Ripple Roulade Fruit Yogurt Fruit Bowl
WEDNESDAY	Italian Lasagne Quorn Lasagne	Coleslaw and Mixed Salad Vegetable Crudités Garlic Bread	Warm Chocolate Brownies [nut free] Fruit Yogurt Fruit Bowl
THURSDAY	Tennessee BBQ Chicken Drumsticks Cheese and Tomato Puffs Savoury Rice	Baked Beans Corn on the Cob Vegetable Crudités French Bread	Syrup Sponge and Custard Fruit Bowl
FRIDAY	PIZZA DAY Choice of Pepperoni or Margarita	Sweet Potato Fries Corn on the Cob Creamy Coleslaw Vegetable Crudités Garlic Bread	Cornetto Ice Cream Fruit Bowl

Available Each Day -

Jacket Potato - Sweet Potato - Fillings of Cheese, Beans or Coleslaw

Daily Veg Pot Selection - Cherry Tomatoes, Peppers, Cucumber Sticks, Carrot Sticks

Daily Fruit Pot Selection - Selection of - Oranges /Apples / Pears/ Red and Green Grapes / Water Melon / Pineapple

Fromage Frais